

Regional Hospital

*Breakfast*

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|  |  |  |  |
| ***Juices*** | ***Fruits*** | ***Bakery*** | ***Condiments*** |
|  | Orange |  | Banana |  | Banana Bread |  | Lemon |  | Cream Cheese |
|  | Apple |  | Apple |  | Bran Muffin |  | Sugar |  | Lite Cream Cheese |
|  | Cranberry |  | Orange |  | Bagel |  | Honey |  | Non-Dairy Creamer |
|  | Prune |  | Fruit Yogurt |  | Cinnamon Roll |  | Jelly |  | Margarine |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| ***Milk*** | ***Tea*** | ***Coffee*** | ***Hot Chocolate*** |
|  | NonFat Milk |  | Regular |  | Regular |  | Regular |
|  | 2% Milk |  | Decaf |  | Decaf |  | Sugar-free |
|  | Whole Milk |  | Iced |  | Iced |  | Mocha Mix |
|  |  |  |  |  |  |  |  |
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*Daily Specials*

**Soup of the Day:** Italian Minestrone Soup **Entrée of the Day:** Spaghetti & Meat Sauce

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| ***Soup*** | ***Bakery*** | ***Salads*** | ***Condiments*** |
|  | Soup of the Day |  | White Roll |  | Garden Patch Greens |  | Lemon |  | Raspberry Vinaigrette |
|  | Chicken Noodle |  | Wheat Roll |  | Sugar |  | Thousand Island |
|  | Vegetable Broth |  | Melba Toast |  | Gelatin Fruit Salad |  | Salt |  | Non-Dairy Creamer |
|  | Beef Broth |  | Flour Tortilla |  | Fruit Yogurt |  | Ranch |  | Margarine |
|  |  |  |  |  |  |  |  |  |  |
| ***Entrées*** |
|  | Roast Beef Sandwich |  |  | Fiesta Fruit Plate |  |  | Baked Chicken w/ Stuffing  |  |
|  | 3 Cheese Sandwich |  |  | Cold Meat Platter with White Roll |  |  | Oriental Beef |  |
|  | Egg Salad Sandwich |  |  | Vegetable & Cream Cheese Wrap |  |  | Garden Vegetable Lasagna |  |
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*Lunch*

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| ***Dessert*** |
|  | Gelatin |  | Peaches |  | Custard |  | Sherbet |  | Angel Food  |  | Fresh Fruit |
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|  |  |  |  |  |  |  |  |
| ***Milk*** | ***Tea*** | ***Coffee*** | ***Hot Chocolate*** |
|  | NonFat Milk |  | Regular |  | Regular |  | Regular |
|  | 2% Milk |  | Decaf |  | Decaf |  | Sugar-free |
|  | Whole Milk |  | Iced |  | Iced |  | Mocha Mix |
|  |  |  |  |  |  |  |  |

*Dinner*

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|  |  |  |  |
| ***Soup*** | ***Bakery*** | ***Salads*** | ***Condiments*** |
|  | Soup of the Day |  | White Roll |  | Garden Patch Greens |  | Lemon |  | Raspberry Vinaigrette |
|  | Chicken Noodle |  | Wheat Roll |  | Sugar |  | Thousand Island |
|  | Vegetable Broth |  | Melba Toast |  | Gelatin Fruit Salad |  | Salt |  | Non-Dairy Creamer |
|  | Beef Broth |  | Flour Tortilla |  | Fruit Yogurt |  | Ranch |  | Margarine |
|  |  |  |  |  |  |  |  |  |  |
| ***Entrées*** |
|  | Turkey Breast Sandwich*Served on a French roll with cranberry and stuffing* |  |  | Meat Loaf with Mashed Potatoes*Served with a side of green beans* |
|  | Vegetable & Cream Cheese Wrap*Served on a flour tortilla with garden vegetables* |  |  | Sweet & Sour Chicken*Served with a side of steamed white rice* |
|  | Tuna Salad Sandwich*Served on a French roll with light mayonnaise* |  |  | Deep Dish Burrito*Served with a side of Spanish rice* |
|  | Vegetable Lasagna*With marinara sauce and garden vegetables* |  |  | Entrée of the Day*Served with vegetable du Jour* |
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| ***Dessert*** |
|  | Lemon Cake |  | Diet Custard |  | Old-fashioned Custard |
|  | Vanilla Pudding |  | Fresh Fruit |  | Gelatin |
|  | Sherbet |  | Pears |  | Angel Food Cake |
|  |  |  |  |  |  |  |
|  |  |
|  | ***Milk*** | ***Tea*** | ***Coffee*** | ***Hot Chocolate*** |
|  |  | NonFat Milk |  | Regular |  | Regular |  | Regular |
|  |  | 2% Milk |  | Decaf |  | Decaf |  | Sugar-free |
|  |  | Lactaid |  | Iced |  | Iced |  | Mocha Mix |
|  |  | Whole Milk |  | Herbal |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

Special Instructions:

Allergies: