

*Quiz 5: Personality and Defense Mechanisms***Multiple-Choice** (2 points each)

- Which of the following is **not** a type of temperament according to Thomas, Chess, and Birch?

(A) Easy (B) Difficult (C) Slow to Warm up (D) Mild
- “Substitution of an acceptable reason for behavior because real reason is unacceptable” is the definition of:

(A) Displacement (B) Rationalization (C) Sublimation (D) Splitting
- All Defense Mechanisms include which of the following characteristics? (mark all that apply)

(A) Unconscious (B) Engaged in by Everyone (C) Harmful (D) Distortions of Reality
- Which of the following is **not** a Defense Mechanism?

(A) Projection (B) Regression (C) Denial (D) Blame
- What is the name of the most widely used instrument for measuring personality?

(A) MMPI-II (B) MPSII (C) MCSPi (D) MRFP-II
- The three D’s of abnormality include which of the following?

(A) Deviance (B) Dysfunction (C) Distress (D) All of the Above
- What rule states that some mental disorders prevent an individual from distinguishing between right and wrong?

(A) L’Boughten Rule (B) M’Naghten Rule (C) M’Laughten Rule (D) R’Houghton Rule
- Which disorder includes periods of mania and depression?

(A) Bipolar Disorder (B) Depressive Disorder (C) Cognitive Disorder (D) Anxiety Disorder
- Why is Depressive Disorder diagnosed in women twice as often as in men?

(A) Biological Reasons (B) Cognitive Reasons (C) Cultural Reasons (D) All of the above
- Which of the following is **not** an anxiety-based disorder?

(A) PTSD (B) OCD (C) Depression (D) Phobias

Short Answer (5 points)

- Choose and describe one common symptom of Schizophrenia.