

Regional Hospital

*Breakfast*

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| ***Juices*** | | ***Fruits*** | | | | ***Bakery*** | | | | | | | | ***Condiments*** | | | | | | | | | |
|  | Orange |  | | Banana | |  | | | | Banana Bread | | | |  | Lemon | |  | Cream Cheese | | | | | |
|  | Apple |  | | Apple | |  | | | | Bran Muffin | | | |  | Sugar | |  | Lite Cream Cheese | | | | | |
|  | Cranberry |  | | Orange | |  | | | | Bagel | | | |  | Honey | |  | Non-Dairy Creamer | | | | | |
|  | Prune |  | | Fruit Yogurt | |  | | | | Cinnamon Roll | | | |  | Jelly | |  | Margarine | | | | | |
|  | |  |  | | |  | | |  | | |  |  | | | | | |  |  | | | |
|  |  |  | | |  |  | | | |  | | | |  | |  | | | | |
| ***Milk*** | | ***Tea*** | | | | ***Coffee*** | | | | | | | | ***Hot Chocolate*** | | | | | | |
|  | NonFat Milk |  | | | Regular |  | | | | Regular | | | |  | | Regular | | | | |
|  | 2% Milk |  | | | Decaf |  | | | | Decaf | | | |  | | Sugar-free | | | | |
|  | Whole Milk |  | | | Iced |  | | | | Iced | | | |  | | Mocha Mix | | | | |
|  |  |  | | |  |  | | | |  | | | |  | |  | | | | |
|  | |  | | | |  |  |  | | |  | | | | |  | | | | | |  |  | |

*Daily Specials*

**Soup of the Day:** Italian Minestrone Soup **Entrée of the Day:** Spaghetti & Meat Sauce

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| ***Soup*** | | | ***Bakery*** | | | | | ***Salads*** | | ***Condiments*** | | | | | | | |
|  | Soup of the Day | |  | White Roll | | | |  | Garden Patch Greens |  | | Lemon | | |  | Raspberry Vinaigrette | |
|  | Chicken Noodle | |  | Wheat Roll | | | |  | | Sugar | | |  | Thousand Island | |
|  | Vegetable Broth | |  | Melba Toast | | | |  | Gelatin Fruit Salad |  | | Salt | | |  | Non-Dairy Creamer | |
|  | Beef Broth | |  | Flour Tortilla | | | |  | Fruit Yogurt |  | | Ranch | | |  | Margarine | |
|  |  | |  |  | | | |  |  |  | |  | | |  |  | |
| ***Entrées*** | | | | | | | | | | | | | | | | | |
|  | | Roast Beef Sandwich | | |  |  | Fiesta Fruit Plate | | | |  | |  | Baked Chicken w/ Stuffing | | |  |
|  | | 3 Cheese Sandwich | | |  |  | Cold Meat Platter with White Roll | | | |  | |  | Oriental Beef | | |  |
|  | | Egg Salad Sandwich | | |  |  | Vegetable & Cream Cheese Wrap | | | |  | |  | Garden Vegetable Lasagna | | |  |
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*Lunch*

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| ***Dessert*** | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Gelatin |  | | | Peaches | | |  | | Custard | | | | |  | Sherbet | |  | Angel Food | | | |  | Fresh Fruit | |
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|  | | |  | | |  | | | | | | |  |  |  | | | | | |  |  | | | |
| ***Milk*** | | | | ***Tea*** | | | | | | | | ***Coffee*** | | | | | ***Hot Chocolate*** | | | | | | | |
|  | NonFat Milk | | |  | | | Regular | | | | |  | | Regular | | |  | | | Regular | | | | |
|  | 2% Milk | | |  | | | Decaf | | | | |  | | Decaf | | |  | | | Sugar-free | | | | |
|  | Whole Milk | | |  | | | Iced | | | | |  | | Iced | | |  | | | Mocha Mix | | | | |
|  |  | | |  | | |  | | | | |  | |  | | |  | | |  | | | | |

*Dinner*

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| ***Soup*** | | ***Bakery*** | | ***Salads*** | | | | | | ***Condiments*** | | | |
|  | Soup of the Day |  | White Roll |  | Garden Patch Greens | | | | |  | Lemon |  | Raspberry Vinaigrette |
|  | Chicken Noodle |  | Wheat Roll |  | Sugar |  | Thousand Island |
|  | Vegetable Broth |  | Melba Toast |  | Gelatin Fruit Salad | | | | |  | Salt |  | Non-Dairy Creamer |
|  | Beef Broth |  | Flour Tortilla |  | Fruit Yogurt | | | | |  | Ranch |  | Margarine |
|  |  |  |  |  |  | | | | |  |  |  |  |
| ***Entrées*** | | | | | | | | | | | | | |
|  | Turkey Breast Sandwich  *Served on a French roll with cranberry and stuffing* | | | | |  |  | | Meat Loaf with Mashed Potatoes  *Served with a side of green beans* | | | | | |
|  | Vegetable & Cream Cheese Wrap  *Served on a flour tortilla with garden vegetables* | | | | |  |  | | Sweet & Sour Chicken  *Served with a side of steamed white rice* | | | | | |
|  | Tuna Salad Sandwich  *Served on a French roll with light mayonnaise* | | | | |  |  | | Deep Dish Burrito  *Served with a side of Spanish rice* | | | | | |
|  | Vegetable Lasagna  *With marinara sauce and garden vegetables* | | | | |  |  | | Entrée of the Day  *Served with vegetable du Jour* | | | | | |
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| ***Dessert*** | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Lemon Cake | | | |  | | | | Diet Custard | | | | | |  | | Old-fashioned Custard | | | | | | | | |
|  | Vanilla Pudding | | | |  | | | | Fresh Fruit | | | | | |  | | Gelatin | | | | | | | | |
|  | Sherbet | | | |  | | | | Pears | | | | | |  | | Angel Food Cake | | | | | | | | |
|  |  | | | | |  | | | | | | |  |  | | | | | | | | |  |  | | | | |
|  |  | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | ***Milk*** | | | | ***Tea*** | | | | | | | ***Coffee*** | | | | | | | | | ***Hot Chocolate*** | | | | | | | | |
|  |  | | | NonFat Milk |  | | | | Regular | | |  | | | Regular | | | | | |  | Regular | | | | | | | |
|  |  | | | 2% Milk |  | | | | Decaf | | |  | | | Decaf | | | | | |  | Sugar-free | | | | | | | |
|  |  | | | Lactaid |  | | | | Iced | | |  | | | Iced | | | | | |  | Mocha Mix | | | | | | | |
|  |  | | | Whole Milk |  | | | | Herbal | | |  | | |  | | | | | |  |  | | | | | | | |
|  |  | | | | | | |  | |  | | | | | |  | |  | |  | | | | |  |  | | |

Special Instructions:

Allergies: